

***In-Silico* Molecular Docking in Screening of Anti-Diabetic Therapeutics from Medicinal Plants**

Review Article

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Abstract

One of the most widely spreading diseases due to several lifestyle problems in the 21st century is diabetes mellitus. The management of diabetes mellitus is very important and essential. Plants are natural reservoir of many medicinal value added components help to overcome many chronic disorders including diabetes mellitus. Herbal drugs are prescribed in treatment of diabetes mellitus due to their good effectiveness, fewer side effects in clinical experience and relatively low costs. Screening of antidiabetic therapeutics is very important and essential for effective management of diabetes mellitus. Many researchers have worked on extraction, isolation, characterization of extracts and bioactive fractions from medicinal plant also they have established profile and data of interaction of active components against various targets and enzymes of diabetes mellitus using *In-silico* molecular docking tools. Molecular docking is an important computational tool to predict the plausible interactions between the drug and protein in a non-covalent fashion. Extensive in silico docking procedures have been carried out to examine whether the compound is a good ligand with diabetic targets. In the present review article we have thoroughly screened research articles published in various scientific, indexed, national and international journals on *In-silico* molecular docking based screening of Anti-Diabetic potentials and therapeutics from medicinal plant and extensively presented.

Key Words: *Diabetes Mellitus*, Diabetic Targets, Herbal Drugs, Molecular Docking, Protein.

Introduction

One of the most widely spreading diseases due to several lifestyle problems in the 21st century is diabetes mellitus (DM). This disease is generally classified by insulin-dependent or type 1 DM, which is mainly initiated by destruction of the insulin producing pancreatic β -cells, and nondependent insulin or type 2 DM, and this is triggered by lifestyle-related obesity or other exogenous components involve in it. People with type 2 diabetes are not dependent on exogenous insulin and People with type 1 diabetes need to take insulin injection for survival. In the treatment of diabetes, the drug consumption is a complementary treatment besides from diet. Oral antidiabetic drugs may be useful for people who are allergic to insulin or do not use insulin injection. And the use of these drugs in the long term has lots of disadvantages, which mainly causing increasing the risk of heart attack and acute kidney toxicity. Therefore, many efforts to develop traditional medicine for the treatment of diabetes are mounting (1).

Plants are natural reservoir of many medicinal value added components helps to overcome many chronic disorders. Hence herbal medicines are considered to be an excellent remedy for diseases like cancer, diabetes, liver diseases and arthritis. The bioactive compounds of medicinal plants like *Ruellia tuberosa*, *Grewia hirsuta*, *Albizia Lebbeck benth*, *Phyllanthus emblica*, *Piper longum* linn etc are used as anti-diabetic, chemotherapeutic, anti-inflammatory, anti-arthritic agents where no satisfactory cure is present in modern medicines. The bioactive compounds of medicinal plants are used as chemotherapeutic, anti-diabetic, anti-arthritic agents, anti-inflammatory where no satisfactory cure is present in modern medicines.

Screening of antidiabetic therapeutics is very important and essential for effective management of DM. Many researchers have worked on extraction, isolation, characterization of extracts and bioactive fractions from medicinal plant also they have established profile and data of interaction of active components against various targets and enzymes of DM using *In-silico* molecular docking tools.

Molecular docking is an important computational tool to predict the possible interactions between the drug and protein in a non-covalent fashion. Extensive in silico docking procedures have been carried out to examine whether the compound is a good ligand with diabetic targets such as Aldose reductase, Peroxisome proliferator-activated receptor-gamma, Glycogen synthase kinase-3, Pyruvate dehydrogenase

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kinase isoforms 2, Glucokinase, 11 β -Hydroxysteroid dehydrogenase, Glutamine, fructose6-phosphate, amidotransferase (2). Molecular docking was performed in the form of flexible docking for the prediction of ligand efficiency, binding affinity and the inhibitory constant. All of the ligands were docked with the target active site. Active compounds will only have positioning that avoids penalties and receives favourable scores for accurate hydrophobic contacts between the protein and ligand (3).

Materials and Methods

Collection of Data

The relevant information and literature is reviewed, referred and collected from various databases and journal sites. Various databases like Pubmed, Scopus, Web of Science and other related plant and medicinal plant research sites were used for searching the information and articles. Published work and literatures mainly related to “In-Silico Molecular Docking in Screening of Anti-Diabetic Therapeutics from Medicinal Plants” were collected and downloaded from journal related to medicinal plants, herbal medicines and Ayurvedic sciences and other journal related to traditional systems medicine. Published research works on molecular docking based screening of anti-diabetic potentials of plant and extracts were selected from net resources and reviewed. In the present review article, we have thoroughly screened research articles published in various scientific, indexed, national and international journals on *In-silico* molecular docking based screening of Anti-Diabetic potentials and therapeutics from medicinal plant and extensively reviewed.

Various research articles, data, and reports published by scientist on docking based identification and study of interaction of targets and ligands from medicinal plants were presented as follows:

Anna Safitri *et al.*, have reported antidiabetic activity by *In-Silico* method by using aqueous extracts of *Ruellia tuberosa* L by using molecular docking using phenolic compound and the interaction between betaine, didzein and hispidulin in docking with human pancreatic α -amylase shows different binding by hydrogen and hydrophobic bond which shows good interactions and which inhibits α -amylase protein and shows antidiabetic activity (1).

Abirami Natarajan *et al.*, have reported by methanolic extract of *Grewia hirsuta* by using molecular docking studies of ligand (4Z,12Z)-cyclopentadeca-4,12-dienone and docking with several different target proteins shows that it has good inhibition property, which docks well with various targets related to antidiabetic activity (2).

Prabhu Srinivasan *et al.*, have reported which shows antidiabetic activity of quercetin by methanolic extract from *Phyllanthus emblica* L fruit by in-silico molecular docking studies which shows better docking score to glucogen phosphorylase with quercetin than with gallic acid and different concentration of quercetin shows antihyperglycemic effect and potent defense

mechanism in STZ (Streptozotocin) induces antidiabetic activity (3).

Sodik Numonov *et al.*, have reported antidiabetic activity and chemical composition of *Geranium collinum* root extract by molecular docking analysis suggests polyphenolic compounds such as corilagin, catechin and caffeic acid inhibit PTP-1B and β -sitosterol-30- β -D-gluco-pyranoside inhibits α -glucosidase shows antidiabetic activity (4).

Danish Ahmed *et al.*, have reported antidiabetic activity by molecular docking studies of some flavonoids from ethanolic extract of *Albizia Lebbeck benth* bark that inhibit α -glucosidase and alpha-amylase enzyme targets to reduce glucose level and molecular docking study says binding affinity and inhibition of α -glucosidase and α -amylase enzyme with DPPH which shows good binding interaction shows antidiabetic activity (5).

Quy Trinch *et al.*, have reported antidiabetic activity of bioactive compounds in *Euphorbia hirta* L using molecular docking shows that flavonoid and terpenes families including cyanidin,3,5-O-diglucose myricitrin, perlargonium-3-5-diglucose, quercetin, rectin, α -amyrine, β -amyrine and taraxerol have high binding affinity with a specific enzyme receptor and shows antidiabetic activity (6).

Laura Guasch *et al.*, have reported antidiabetic activity by PPAR- γ (Potential peroxisome proliferators activated receptor gamma) partial agonist of natural origin by initial set of 29,779 natural products have proticated PPAR- γ partial agonist 12 molecules from 11 extracts known to have antidiabetic activity (7).

Juan Jose Ramirez Espinosa *et al.*, have reported antidiabetic activity by pentacyclic acid triterpenoid's role of PTP-1B by *In-Silico* method and related triterpenic acid, anolic, moronic, morolic acid which shows extensive hydrogen bond network with carboxyl group and Vander Waals interactions stabilizes the protein-ligand complex which shows antidiabetic activity (8).

Bikash Thakuria *et al.*, have reported bioinformatics-based investigation to screen and analyze the bioactivity of *Piper longum* linn, which shows antidiabetic activity and the ligands of piperine, retrofractamide A, piper-longumine indicated great docking with piperine shows -8.69kcal/mol restricting vitality of 0.429 μ m hindrance which has greatest potential to be decent inhibitor against focused receptors which shows antidiabetic activity (9).

Aristeidis Pritsas *et al.*, have reported volarisation of stachysetin from cultivated *Stachys ira Griseb* which shows antidiabetic agent, in silico screening against 17 proteins implicated in diabetes as also ligand-based similarity metrics against established antidiabetic activity drug and stachysetin shows binding profile to major drug carrier plasma protein serum albumin was explored along with its properties shows antidiabetic activity (10).

Zoy I Noor *et al.*, have reported in-silico molecular docking stimulations with α -amylase and α -lipase enzyme of polar and non-polar extracts of leaves and flowers *Ocimum basilicum* and *In-Silico* study

linalool and estragole to have considerable porcine pancreatic α -amylase (PPA) and porcine pancreatic lipase (PPL) binding potential and which further investigated through molecular dynamics and binding free energy calculations which shows best antidiabetic activity (11).

Abhijit Pathak *et al.*, have reported in silico molecular docking analysis of isolated compounds of *Ocimum sanctum* against antidiabetic activity and a wide range of docking score found during molecular docking by maestro v 10.1 (Schrodinger) and among them carvacrol had lowest docking score against α -amylase enzymes and glucokinase which is -50521kj/mol and -7.322kj/mol and this is concluded less docking score compound will be more potent and shows antidiabetic activity (12).

T. Hoang Nguyen Vo *et al.*, have reported in-silico molecular docking analysis from *Euphorbia thymifolia* it has 7 compounds were chosen due to high absolute value of binding energy to all four receptors (>8 kcal/mol) known as β -amyrine, taraxerol, 1-O-galloyl- β -D-glucose, corilagin, cosmossin, quercetin-3-galactoside and quercetin, tannins, polyphenols and flavonoid family had high binding affinity to all receptors beside that, the binding affinity of two of terpenoid compounds has good prospect for treatment of type-2 diabetes mellitus (13).

Jasmine R *et al.*, have reported antidiabetic activity in Streptozotocin (STZ) diabetic rats by in-silico method of molecular screening method which shows antidiabetic activity against target proteins like PPAR- γ which plays a role in protecting β -cells from damage was undertaken and docking analysis in active site of 2PRG was performed by Schrodinger program and it shows good binding interactions of ligands with targets at low energy level from terpenoid from *Elephantopus scaber L.*, it increases insulin secretion from regenerated pancreatic β cells which is potent antidiabetic activity (14).

G. Mahendran *et al.*, have reported in-silico antidiabetic activity isolated from *Swertia corymbosa* which having 1,2,8-trihydroxy-6-methoxy xanthone (ligand 1) and 1,2-dihydroxy-6-methoxy xanthone-8-O- β -D-xylo pyranosyl (ligand 2) isolated from *Swertia corymbosa* which shows antidiabetic activity by molecular docking studies by STZ (Streptozotocin) induced diabetic rats and ligand 1 and 2 and glibendamide with various diabetics docked with glucokinase, fructose-1,6-biphosphatase 1 with sulfonyl urea receptor shows good binding activity towards antidiabetic activity (15).

Md. Nazmul Prottoy *et al.*, have reported by molecular docking pharmacological property analysis of an antidiabetic activity of some medicinal plants of Bangladesh against type 2 diabetes by *In-Silico* computational approach and some of them are Aegeline from *Aegle maemelos*, gallic acid from *Terminalia bellirica*, quercetin from *Psidium guajava* and mangiferin from *Mangifera indica* have antidiabetic activity among them quercetin have greatest source of antidiabetic activity (16).

Ranjit D *et al.*, have reported *In-Silico* antidiabetic activity of bioactive compound in *Ipomoea mauritiana* jack which shows molecular interactions by using Argus lab docking software 4.0.1 among this taraxerol shown maximum inhibition for 3G9E protein both shows antidiabetic activity (17).

Pradeep Paudel *et al.*, have reported antidiabetic activity by *In-Silico* molecular docking study of 2,3,6-tribromo-4,5-dihydroxybenzyl derivatives from marine algae *Symphyodadia latiuscula* through PTP1B (tyrosine phosphate 1 B) down regulation and α -glucosidase inhibition which shows antidiabetic activity (18).

Yue Chen *et al.*, have reported by *In-Silico* molecular docking studies which shows antidiabetic activity from Ellagitannins isolated compound from unripe fruit *Kubus chingii hu* which shows molecular docking results revealed that Ching tannin A interacted with enzymes mainly by H-bond and was bound in allosteric site which shows good interaction and act as antidiabetic activity (19).

Jirawat Riyaphan *et al.*, have reported hypoglycemic efficacy of *In-Silico* molecular docking selected natural compounds against α -glucosidase and α -amylase via molecular docking and enzymatic measurement on CaCo-2 cell and act as antidiabetic agent (20).

Rangachari Balamurugan *et al.*, have reported γ -sitosterol isolated from *Lippia nodiflora* was taken as ligand for molecular docking and the targets like glucokinase, fructose-1,6-biphosphatase 1, by human multidrug resistance protein 1 and Cytochrome P 450 by autodock tool v 4.2 and APT V 1.5.4 program and γ -sitosterol which deals well with various targets related to diabetes mellitus (21).

Priyanka Sharma *et al.*, have reported in-silico screening of potential antidiabetic activity from *Phyllanthus emblica* against the type-2 diabetes and docking score and pharmacophore studies found that ellagic acid, estradiol, sesamine, kaempferol, zeatin, quercetin and leucodelphinidin are potential antidiabetic activity (22).

Hyun Ah Jung *et al.*, have reported molecular docking studies of an antidiabetic complication inhibitor such as fecosterol from edible brown algae *Eisenia bicyclis* and *Ecklonia stolonifera* which shows evaluating ability of this compound to inhibit rat lense aldose reductase (RLAR), human recombinant aldose reductase (HRAR), protein tyrosine phosphatase (PTP1B) and α -glucosidase which shows binding energy (-8.2kcal/mol) for RLAR and (-8.5kcal/mol) for HRAR shows antidiabetic activity (23).

Andreia S.P. Pereira *et al.*, have reported antidiabetic activity of some common herbs and species by providing them by some *In-Silico* virtual screening method by in-silico method by using antidiabetic drug targets such as achillin B from yarrow, asparasaponin I from fenugreek, bisdemethoxy curcumin from turmeric, carlinside from lemon grass with major protein targets like dipeptidyl-peptidase-4 (DPP4), intestinal maltase-glucoamylase liver receptor alpha, protein tyrosine phosphatase non-receptor type

interaction which indicates antidiabetic potential of common herbs and species (24).

Mingzhu Jiang *et al.*, have reported *In-Silico* molecular docking study with α -glucosidase inhibitory peptides from Soybean protein hydrolysate which significantly reduces levels of fasting blood glucose in mice and this confirms that α -glucosidase inhibitory peptide may have hypoglycemic efficacy (25).

Nahid Ghaedi *et al.*, have reported antidiabetic activity of alcoholic extract of leaf and stem of *Levisticum officinalae* of an implication for α -amylase inhibitory activity of extract ingredient by molecular docking method that which shows antihyperglycemic effect of it among them luteolin, quercetin, rosmarinic, caffeic and hexanoic acids have greatest α -amylase inhibition activity (26).

Sarfraz Ahmed *et al.*, have reported *In-Silico* molecular docking studies on miquelianin isolated from aerial part of *Euphobia schimperi* c exhibited significant results for antidiabetic potential and miquelianin which significant α -amylase and α -glucosidase inhibitory activity which shows antidiabetic activity (27).

Vineet Mehta *et al.*, have reported antidiabetic activity of hydroalcoholic extract from *Ocimum sanctum* which says greatly inhibited α -glucosidase enzyme but failed to inhibit α -amylase activity and docking studies predicted that rosmarinic acid, stigmasterol, linalool, aesculin may be responsible for antidiabetic activity possessed by plant through their interaction with insulin receptor (28).

P. Rajkumar *et al.*, have reported antidiabetic activity compounds from the flowers of *Cassia auriculata* by structure based molecular docking studies, which says that docking results showed best glide energy, docking score H-bonding interactions compared with molecular targets and has potential to prevent or treat type-2 diabetes mellitus (29).

Farhat Saghir *et al.*, have reported *In-Silico* molecular docking screening studies from hexane extract of *Pongamia pinnata* flower which shows antidiabetic activity and molecular docking studies which indicates high binding energy scored with antidiabetic targets as compared to standard drug acarbose and results shows isolated compound 1(4-methoxy-7-phenyl-5H-furo [3,2,9][1] benzopyran-5-one) has antidiabetic activity (30).

Jae Sue Choi *et al.*, have reported antidiabetic activity of protein tyrosine phosphatase 1B inhibitor activity of alkaloids from *Rhizoma Coptidis* by molecular docking studies which conclude that alkaloids of *Rhizoma coptidis* (berberine, magnoglorine, coptisine, epiberberine) exhibited remarkable inhibitory activities against PTP1B which has good binding affinity and docking score against PTP1B which shows antidiabetic activity (31).

Sudhanshu Kumar Bharti *et al.*, have reported antidiabetic activity of fruto and isomal to oligosaccharides by *In-Silico* studies by docking were performed by GLIDE program for each FOS (Fructooligosaccharides) and IMO'S (Isomaltooligosaccharides) for PPAR- γ

activation and DPP-IV inhibition which shows antidiabetic activity and the FOS was produced from *Aspergillus oryzae* and IMO'S and standards for 1-kestose, 1-nystose, 1-fructofuranosyl nystose and panose were procured (32).

Vikas Kumar *et al.*, have reported which shows hypoglycemic effect of wedelone isolated from *Wedelia calendulacea* by *In-Silico* molecular docking against dipeptidyl peptidase-4 (DPP4), glucose transporter-1 (GLUT1) and peroxisome proliferator activated receptor- γ (PARA- γ) which shows docking score near -6.17, -9.43 and -7.66 respectively and wedelolactone treat type-2 diabetes mellitus (33).

Abdul Sadiq *et al.*, have reported hyperglycemic activity from *Eryngium caeruleum M. Bieb* by α -glucosidase by molecular docking studies shows explore possible role of all identified bioactive compound in chloroform fraction of *Eryngium caeruleum M. Bieb* into active sites of homology model of α -glucosidase which shows antidiabetic activity (34).

Chien-Hung Jhong *et al.*, have reported by *In-Silico* molecular docking studies of α -glucosidase and α -amylase inhibitors from natural compounds by molecular docking in-silico and correlation analysis indicated that curcumin and actinodaphinine had high activity α -glucosidase as well as curcumin and berberine for α -amylase inhibitors when compared with acarbose which shows antidiabetic activity (35).

Jayasree Ganugapati *et al.*, have reported *In-Silico* molecular screening studies of banana flower flavonoids as insulin receptor tyrosine kinase activators as cure for diabetes mellitus by Autodock Vina, Autodock 4.0 to phosphorylated tyrosines docked with hesperitin triacetate, naringenin, naringenin pelargonidin and naringenin flavanone are potent activators of IR tyrosine kinase which shows antidiabetic activity (36).

Noor Rahman *et al.*, have reported *In-Silico* molecular docking studies of isolated alkaloids for α -glucosidase inhibition compared with standard acarbose and miglitol were docked to α -glucosidase by using MOE-Dock applied in MOE software to predict the binding modes of these drug-like compounds which shows antidiabetic activity (37).

Muhammad Nadeem *et al.*, have reported antidiabetic by *In-Silico* molecular docking studies of potential of leaf extracts and an insight into molecular docking by ethanolic extract of *Calotropis procera* and which inhibit α -glucosidase and α -amylase synergistically to prevent hyperglycemic activity (38).

Yang Yang *et al.*, have reported antidiabetic activity by *In-Silico* molecular docking studies of potential dipeptidyl peptidase (DPP)-IV inhibitor among *Moringa oleifera* by phytochemical virtual screening and molecular docking analysis was used to stimulate the interaction mode of candidate compounds with DPP-IV receptors which shows antidiabetic activity (39).

Poonam Kalhotra *et al.*, have reported antidiabetic activity by molecular docking of natural product library reveal chrysin as a novel Dipeptidyl peptidase-IV (DPP-IV) inhibitor by in-silico method

and in-vitro assay revealed that chrysin inhibits DPP-IV enzyme in a concentration dependent manner shows antidiabetic activity (40).

Olusola Abiola ladokun *et al.*, have reported potent antidiabetic activity of methanolic extract of *Hunteria umbellata* by molecular docking studies and its compound 2.2-Benzylidenebis (3-methyl benzofuran) have significant antidiabetic activity against PPAR- γ and molecular binding interaction shows potent antidiabetic activity (41).

Ajmer Singh Grewal *et al.*, have reported *In-Silico* molecular docking studies of phenolic compounds from *Syzygium cumini* by multiple targets of type-2 diabetes and act as antidiabetic agent by in-silico docking study includes α -glucosidase, dipeptidyl peptidase, glycogen synthase kinase, glucagon receptor catechin and myricetin, quercetin was found to inhibit DPP-IV and develop safe and potent natural type-2 antidiabetic activity (42).

Usman Ghani *et al.*, have reported antidiabetic activity by *In-Silico* molecular docking studies by natural flavonoid α -glucosidase inhibitors from *Retama raetam* by molecular docking interaction with enzyme active site and Retamasin D, G, H and Erysubin A and B non-competitively inhibited the enzyme whereas retamasin C and F exhibited competitive inhibition which inhibits α -glucosidase enzyme active site shows antidiabetic activity (43).

Arumugam Sudha *et al.*, have reported *In-Silico* molecular docking studies of 1,2 disubstituted idopyranose from *Vitex negundo* by its antidiabetic activity of type-II diabetes .it manly targets proteins active site (dipeptidyl peptidase-IV and glycogen synthase kinase-III) which results in inhibition of enzyme active site, the binding energy of ligand protein interactions also confirmed that its inhibitory activity (44).

Sudipta Ghosh *et al.*, have reported *In-Silico* molecular docking and inhibition studies of α -amylase activity by Labdane diterpenes from *Alpinia nigra* seeds two labdane diterpenes (I and II) for α -amylase inhibitor activity by comparing with standard acarbose among I and II, the diterpene shows highest MolDock and re-rank score to show antidiabetic activity (45).

Pawan Kaushik *et al.*, have reported antidiabetic activity by *In-Silico* molecular docking studies which shows pharmacophore modeling and molecular docking studies on *Pinus roxburghii* as target for diabetes mellitus and 17 constituents from *Pinus roxburghii* were docked on different receptors out of which secoisoresinol ,pinoresinol and cedeodarin showed highest affinity for the aldose reductase and targets are protein tyrosine phosphate-1- β (PTP-1 β), dipeptidyl peptidase-IV (DPP-IV), aldose reductase (AR) and insulin receptor with help of docking software Molegro virtual docker (MVD) results of docking score which shows antidiabetic activity (46).

Narasimhamurthy Konappa *et al.*, have reported antidiabetic activity by *In-Silico* molecular docking studies of *Amomum nilgiricum* by molecular docking interactions of bioactive serverogenin acetate with target proteins and docking studies were carried out for

Phyto ligands using iGEMDock program to elucidate the binding affinities to target proteins targets are α -amylase and α -glucosidase and ligand is serverogenin acetate shows antidiabetic activity (47).

Nausheen Nazir *et al.*, have reported antidiabetic activity by *In-Silico* molecular docking studies of *Elaeagnus umbellata* in Streptozotocin (STZ) induced diabetic rat. Chloroform, ethylacetate extract of potent controlling hyperglycemia in STZ induced type-II diabetes in rats. Molecular docking approach indicated the favorable inhibitory interaction between docked compounds and active site of α -glucosidase and α -amylase and docked compounds occupy binding site as occupied standard acarbose (48).

Da Hye Kim *et al.*, have reported *In-Silico* molecular docking studies by potential of icarrin metabolites from *Epimedium koreanum* Nakai as antidiabetic activity, icariin, its deglycosylated icaritin and glycosylated flavonoids (icaeriside II, epimedinA, epimedinB, epimedin C) were evaluated their ability to inhibit protein tyrosine phosphatase 1B (PTP1B) and α -glucosidase. Furthermore, enzyme kinetics analysis and molecular docking shows antidiabetic activity (49).

Chunsheng Zhy *et al.*, have reported antidiabetic activity *In-Silico* molecular docking studies towards α -glucosidase inhibitor from *Clerodendranthus spicatus* based on HSCCC coupled by molecular docking method. Among five compounds like 2-caffeoyl-L-tartaric acid, N-(E)-Caffeoyl dopamine, rosmarinic acid, methyl rosmarinate, 6,7,8,3',4-pentamethoxy flavone and molecular docking indicated that the affinity energy of identified compounds among them rosmarinic acid which shows antidiabetic activity (50).

Dhiraj Kumar Choudhary *et al.*, have reported *In-Silico* molecular docking interaction of methanol, acetone extract which gives porcine from *Vicia faba* crude seed extract and evaluate antidiabetic activity with α -amylase by hydrogen bonding and hydrophobic interaction which shows antidiabetic activity (51).

Rina Herowati *et al.*, have reported antidiabetic activity by molecular docking studies of chemical composition of *Tinospora cordifolia* on glycogen phosphorylase results indicated that Autodock-vina's algorithms were valid and the docking result revealed that magnoflorin, cardifoliside A and syringin exhibited good binding interaction with active site glycogen phosphorylase shows better anti-diabetic activity (52).

Yan Wang *et al.*, have reported molecular docking screening for identifying hyperoside as an inhibitor of fatty acid binding protein 4 from a natural product and the report as flavanols to be ideal scaffold for FABP4 inhibitor development among popular flavanol (53).

Sudhanshu Kumar bharti *et al.*, have reported antihyperglycemic activity by *in-silico* molecular docking studies with DPP-IV inhibition of alkaloids from seed extract of *Castanospermum australe* by molecular docking studies and berberine which shows competitive inhibition towards DPP-IV by molecular docking studies to normalizes hyperglycemia in type-II

diabetes mellitus rats with strong DPP-IV inhibitory potential activity (54).

Samuel Odeyemi *et al.*, have reported antidiabetic activity by in-silico molecular docking studies by affecting glucose uptake in HepG2 cells following the exposure to methanolic extract of *Lauridia tetragona* and the α -glucosidase, α -amylase, dipeptidyl peptidase-IV (DPP-IV), lipase inhibitory activities and glucose uptake in HepG2 were investigated which shows good hypoglycemic activity that may be linked to inhibition of crucial enzyme associated with diabetes (55).

Tae Kyung Hyun *et al.*, have reported antidiabetic activity by molecular docking studies for discovery of plant derived α -glucosidase inhibitors which mainly treat type-II diabetes mellitus and α -glucosidase docked with rectine, quercetin and myricetin these can be good patent of α -glucosidase inhibitors act as antidiabetic activity (56).

Channabasava *et al.*, have reported antidiabetic activity by using in-silico molecular docking studies of methanolic extracts of *Loranthus micranthus* by GEM Dock method and common phytochemical in all extract is octadecenoic acid used separated and used as antidiabetic activity (57).

Pukar Khanal *et al.*, have reported antidiabetic activity by using *In-Silico* molecular docking studies of *Tinospora cordifolia* interaction between the compounds, proteins and pathway was interpreted based on edge count. The docking study was performed using Autodock 4.0. and the binding affinity and inhibitory constant of tembetarine with β -1-adrenergic receptor was found to be 6.25 kcal/mol which shows antidiabetic activity (58).

Kiran Kumar Angadi *et al.*, have reported *In-Silico* molecular docking studies of guggultetrol from *Nymphaea pubescens* with target glucokinase related to type-II diabetes which shows good bond interactions by *In-Silico* method as antidiabetic activity (59).

Muhammad Raza Shah *et al.*, have reported antidiabetic activity by using *In-Silico* molecular docking studies in which shown by protein tyrosine phosphatase 1B inhibitors isolated from *Artemisia roxburghiana* and antidiabetic activity of *Artemisia roxburghiana* could be activated due to PTP1B inhibition by its triterpene constituents like botulin, betulinic acid and taraxeryl acetate against tyrosine phosphatase 1B protein receptor which shows antidiabetic activity (60).

Nur Athirah Zabidi *et al.*, have reported antidiabetic activity by using *In-Silico* molecular docking of inhibitory evaluation of *Curculigo latifolia* on α -glucosidase and results phlorin binds strongly with enzyme receptor achieving the lowest binding energy value effective in lowering hyperglycemia (61).

Sathianpong phoopa *et al.*, have reported antidiabetic activity by using *In-Silico* molecular docking by chemical constituents of *Litsea elliptica* and their α -glucosidase inhibition with in-silico method by molecular docking studies and quercetin diglycoside isolated and docked with α -glucosidase enzyme receptor shows antidiabetic activity (62).

Discussion

Diabetes Mellitus is widely spreading diseases due to several lifestyle problems in the 21st century. Treatment and prevention of diabetes is very much essential. Plants are natural reservoir of many medicinal value added components helps to overcome many chronic disorders. Hence herbal medicines are considered to be an excellent remedy for treatment of diabetes mellitus. Molecular docking is an important computational tool to predict the possible interactions between the drug and protein in a non-covalent fashion. Extensive in silico docking procedures have been carried out to examine whether the compound is a good ligand with diabetic targets. Screening of antidiabetic therapeutics is very important and essential for effective management of DM. Many researchers have worked on extraction, isolation, characterization of extracts and bioactive fractions from medicinal plant also they have established profile and data of interaction of active components against various targets and enzymes of DM using *In-silico* molecular docking tools.

The reviewed articles have extensively concentrated on use of different tools and methods of molecular docking technique. They have extracted, isolated and screened various plant constituents against various targets of DM. Screening included the utilization of different plants from various families and they have isolated constituents which are belongs to the different chemical classes like, alkaloids, glycosides, flavonoids, tannins and diterpene class. Hence the reviewed methods are valuable in identification of important therapeutics from medicinal plants for effective management of DM.

Conclusion

The present review concludes that the management of diabetes mellitus is very important and essential and medicinal plants are natural reservoir of many therapeutic value added components helps to overcome many chronic disorders including diabetes mellitus. *In-Silico* molecular docking studies and related computational tools are very important and essential in the screening of Anti-Diabetic therapeutics from medicinal plants. Extensive *In-Silico* docking procedures have been carried out to examine whether the compound is a good ligand with diabetic targets which helps to identify new and important therapeutics for management of diabetes mellitus.

Conflict of Interest

Nil

Abbreviations

1. STZ -Streptozotocin
2. PPAR- γ -Potential peroxisome proliferators activated receptor gamma
3. PTP1B -tyrosine phosphatase 1B
4. DPP-IV-dipeptidyl peptidase-IV
5. MVD-Molegro virtual docker
6. PPL-pocrine pancreatic lipase
7. RLAR-rat lense aldose reductase
8. HRAR-human recombinant aldose reductase

9. PTP1B- protein tyrosine phosphatase
10. PPL-pocrine pancreatic lipase
11. DM: Diabetes Mellitus

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